

DINNER PLANS

Make your pre-holiday meal plan quick and cozy with 50% off select pasta and pasta sauce.



Really BIG DEAL

50% off PASTA AND PASTA SAUCE

Exclusions apply. Look for signs on specially marked items. Limited to stock on hand. No additional case discounts.

Really BIG DEALS

NEW SEASONS ALL SEAFOOD CAKES
Quick, easy, and delicious. Made in-house with sustainable seafood, fresh veggies, and herbs. Flavors may vary by location.

Starting at:

\$3.99 ea

SAVE \$1ea

BONELESS SKINLESS CHICKEN BREASTS
Humanely raised with no antibiotics ever. Great for chicken Alfredo pasta!

\$5.99 lb

SAVE \$2lb

ORGANIC COSMIC CRISP APPLES PNW LOCAL
Just as the name implies, these sweet local apples are extra crisp! From Stemilt Growers in Wenatchee, WA.

\$2.99 lb

SAVE \$1lb

FAGE TOTAL GREEK YOGURT
Assorted Varieties
32oz

\$4.99 ea

HU KITCHEN CHOCOLATE BARS
Selected Varieties
2.1oz

BUY 1 GET 1 FREE

SAVE \$5.99 ON 2

QITERRA EXTRA VIRGIN OLIVE OIL
Selected Varieties
1L

\$16.99 ea

SAVE \$10ea

WHAT WE'RE loving

All the ingredients for a quick, cozy, and delicious meal.

NEW SEASONS ARBOSANA EXTRA VIRGIN OLIVE OIL
25.4oz

\$14⁹⁹
ea

FEATURED



MITICA PARMIGIANO REGGIANO

Take your pasta or veggies to the next level with this authentic, 24-month aged Italian classic.

\$22⁹⁹
lb

FEATURED



NEW SEASONS GARLIC BREAD

Made in-house and ready to bake. Serve with pasta, fresh salads, or charcuterie.

\$4⁹⁹
lb

SAVE \$1lb



NEW SEASONS PORK SAUSAGE PACKS

Humanely raised with no added fillers and no antibiotics ever. Choose from Italian, Breakfast, or Chorizo.

16oz

\$7⁹⁹
ea

FEATURED



MEAT & SEAFOOD

NEW SEASONS PARMESAN CHICKEN BREASTS

Made in-house and ready to bake or fry for a quick and tasty meal.

\$9⁹⁹
lb

SAVE \$2lb



COUNTRY NATURAL BEEF CENTER CUT BRISKET

Humanely range-raised beef with no added hormones and no antibiotics ever.

\$12⁹⁹
lb

SAVE \$1lb



FLORAL

GARDEN ROSES

Choose from a gorgeous array of unique and elegant garden rose varieties.

6-stem bunch

\$10⁹⁹
ea

SAVE \$2ea



NEW SEASONS MARINATED BONELESS SKINLESS CHICKEN BREASTS

Humanely raised boneless skinless breasts marinated in our gluten-free marinades.

\$7⁹⁹
lb

SAVE \$2lb



ATLANTIC SALMON FILLET

Sustainably farm-raised in Norway, with a fresh, mild, buttery taste. Perfect for pan-searing or baking.

\$14⁹⁹
lb

SAVE \$1lb



Local
HOLIDAY TREES

Beautiful, fragrant, and sustainably grown at Trout Creek Farms in Corbett, OR.

Available in-store only.

PRODUCE

ASPARAGUS

Crisp, snappy, and delicious as a healthy side. From Gourmet Trading in MX.

\$5⁹⁹
lb

SAVE \$1lb



NATURAL DELIGHTS MEDJOOL DATE GIFT BOX

Plump, juicy, and perfect for gifting! From Natural Delights in Bard Valley, CA.

2lb pkg

25% off



ORGANIC BROCCOLI

A versatile favorite that's delicious raw, roasted, or sautéed. From Access Organics in Coachella, CA.

\$2⁴⁹
lb

SAVE \$1lb



BAKERY & CHEESE

NEW SEASONS CHEESECAKE

Treat yourself to our perfectly portioned gourmet cheesecake! Choose from Chocolate Truffle, Crème Brûlée, or plant-based Raspberry. 3in



\$2⁹⁹
ea

SAVE \$1ea

MIFROMA FONDUE

Swiss fondue made easy—just heat, serve, and enjoy cheesy perfection. 14oz



BUY 1 GET 1
FREE

SAVE \$9.99 ON 2

GRACEFUL COOKIE ARTISAN COOKIES

Made for people who love great cookies! Choose from Ginger or Pumpkin Chocolate Chip. 10.8-11oz



\$8⁹⁹
ea

SAVE \$1ea

DIVINA OLIVE CUPS

Ideal for parties or gifting. Select varieties on sale this week. 4.9-11.6oz



\$6⁹⁹
ea

SAVE \$1ea

PREPARED FOODS

NEW SEASONS BEEF & PORK LASAGNA

Featuring locally-made pasta sheets layered with marinara, a blend of ground beef and pork, and ricotta, mozzarella, provolone, and parmesan cheeses.



\$11⁹⁹
lb

FEATURED

NEW SEASONS FARRO LENTIL SALAD

This hearty salad features kale, toasted pecans, and bell peppers with a maple Dijon mustard dressing.



\$8⁹⁹
ea

FEATURED

GRACEFUL COOKIE ARTISAN COOKIES

Made for people who love great cookies! Choose from Ginger or Pumpkin Chocolate Chip. 10.8-11oz



\$8⁹⁹
ea

SAVE \$1ea

DIVINA OLIVE CUPS

Ideal for parties or gifting. Select varieties on sale this week. 4.9-11.6oz



\$6⁹⁹
ea

SAVE \$1ea

COLUMBUS CRAFT MEATS HOT COPPA

Sliced to order for charcuterie boards, sandwiches, and snacking.



\$17⁹⁹
lb

SAVE \$2lb

ORIGAMI CATERING SPICY TUNA ROLL

PNW LOCAL

Spicy Ahi tuna and cool cucumber rolled with sesame seeds and topped with sriracha mayo.



\$9⁹⁹
ea

SAVE \$1ea

BEER & WINE

LA QUERCIA AGLIANICO

Packed with dark fruits and baking spices, this full, deep red wine has velvety tannins that pair beautifully with roasted meats, spicy sausage, and salty cheeses. 750ml



\$14⁹⁹
ea

SAVE \$6ea

HOFBURG GLÜHWEIN

A traditional German spiced wine, scented with orange, anise, clove, blueberry, and cinnamon. 1L



\$8⁹⁹
ea

SAVE \$4ea

SIERRA NEVADA BREWING CELEBRATION ALE

A seasonal favorite loved for its citrus and pine aromas and bold hop flavor thanks to the addition of Cascade, Centennial, and Chinook hops. 6pk/12oz



\$12⁹⁹
ea

SAVE \$3ea

YONDER CIDER WASSAIL HARD CIDER

PNW LOCAL

Crafted with the traditional English style in mind, this Wassail cider is a delicious blend of carefully selected Washington apples infused with warming spices and touch of sweetness. 16oz



\$4⁴⁹
ea

SAVE 50¢ea

SAVE TIME, ORDER ONLINE!

Use code **CHEERFUL15** for \$15 off \$75+ online for delivery or free pickup.*
shop.newseasonsmarket.com

Powered by **instacart**

*Terms apply. Offer good through 12/10/24. Free pickup on orders of \$35+.

HAVE IT CATERED

We've got your holiday gathering covered. View our catering menu at newseasonsmarket.com/discover/catering



~LAST CHANCE TO~

Get 10% off

ON GIFT CARD PURCHASES OF \$100+ BY 12/6!



Valid 11/29 - 12/6, in-store and online. Terms and limits apply, please visit us online at newseasonsmarket.cashstar.com or see us in-store for details.

WELLNESS

HUMBLE BRANDS BODY CARE

Save on your favorite soaps and deodorants this week, including seasonal scents.



25% off

TOM'S OF MAINE PERSONAL CARE PRODUCTS

Stock up with great savings on select favorites from Tom's of Maine.



25% off

HERB PHARM SUPER ECHINACEA

Support your immune system with a unique blend made from four parts of the echinacea plant. 2oz



\$19.99 ea
SAVE \$9ea

CHARLOTTE'S WEB SLEEP GUMMIES

Unwind and enjoy restful sleep with 10mg of full-spectrum CBD and 3mg of melatonin per serving. 30ct



\$23.99 ea
SAVE \$12ea

JARROW FORMULAS QUERCETIN 500

A plant-derived bioflavonoid to support immune and cardiovascular health. 30vc



\$14.99 ea
SAVE \$5ea

NOW FOODS 5-HTP 100MG

A serotonin precursor to help promote relaxation and restful sleep. 120vc



\$21.99 ea
SAVE \$14ea

MRM NUTRITION ORGANIC FERMENTED CACAO POWDER

Rich in antioxidants, this pure cacao powder is perfect for hot cocoa and holiday recipes. 8.5oz



\$8.99 ea
SAVE \$5ea

NATURE'S WAY SAMBUCUS GUMMIES

A delicious, easy way to support your immune system this season. 60ct



\$15.99 ea
SAVE \$6ea

SHIKAI BORAGE HAND CREAM

Helps keep dry skin hydrated longer. Save on select hand and body lotions. 2.5oz



\$6.99 ea
SAVE \$3ea

ONE WITH NATURE BAR SOAPS

Luxuriously triple-milled soaps enriched with argan oil and shea butter. 7oz



\$3.99 ea
SAVE \$2ea

GROCERY

CRAIG'S VEGAN NON-DAIRY FROZEN DESSERT

Assorted Varieties 1pt



\$5.99 ea
SAVE \$2ea

COLUMBIA FRUIT PREMIUM FROZEN FRUIT

Assorted Varieties 40oz



PNW LOCAL

\$10.99 ea

JULIAN'S RECIPE TRADITIONAL BUTTER & GARLIC BAGUETTE

12.35oz



\$5.99 ea
SAVE \$1ea

CAULIPOWER PIZZA BITES

Four Cheese or Pepperoni. 7.5oz



\$7.99 ea
SAVE \$2ea

PORTA FROZEN PIZZA

Assorted Varieties 14.3-17.6oz



\$8.99 ea
SAVE \$2ea

EVOL FROZEN MEALS

Selected Varieties



20% off

GARDEIN PLANT-BASED PROTEINS

Selected Varieties



20% off

LAOBAN DUMPLINGS FROZEN DUMPLINGS

Assorted Varieties 8oz



\$4.99 ea

GROCERY

HAPPY CUP COFFEE COMPANY
COFFEE
 Assorted Varieties
 12oz



\$14.99
ea

SAVE \$2ea

PNW LOCAL

ANTIOXIDANT SOLUTIONS
JUICE
 Assorted Varieties
 32oz



\$6.99
ea

SAVE \$1ea

FEVER-TREE
PREMIUM DRINK MIXERS
 Selected Varieties
 4pk/6.8oz



\$6.99
ea

SAVE \$1ea

APRCH//
CBD SPARKLING WATER
 Assorted Varieties
 16oz



\$3.49

SAVE 50¢ea

Only available in OR stores.

PNW LOCAL

PROUD SOURCE
SPRING WATER
 25.3oz



\$3.49
ea

SAVE 30¢ea

INGRILLI
ORGANIC LEMON OR LIME SQUEEZE
 16oz



\$3.99
ea

SAVE \$1ea

BOB'S RED MILL
ORGANIC OATMEAL CUP
 Selected Varieties
 1.8-2.47oz



2 for \$5

SAVE 49¢ea

PNW LOCAL

BIRCH BENDERS
PANCAKE & WAFFLE MIX
 Selected Varieties
 16oz



\$5.99
ea

SAVE \$2ea

WATER AVENUE COFFEE COMPANY
COFFEE
 Assorted Varieties
 12oz



\$13.99
ea

SAVE \$3ea

PNW LOCAL

MISSION FOODS
ZERO NET CARBS TORTILLAS
 14ct



\$5.49
ea

SAVE \$1ea

BOB'S RED MILL
GLUTEN-FREE BAKING MIXES
 Selected Varieties



25% off

PNW LOCAL

AMY'S SOUP
 Assorted Varieties
 13.8-14.7oz



\$3.49
ea

SAVE 50¢ea

BONO
MARMALADE
 Assorted Varieties
 12.4oz



\$6.99
ea

SAVE \$1ea

RAINCOAST TRADING
WILD ALBACORE TUNA
 Traditional or No Salt Added.
 5.3oz



\$5.99
ea

SAVE \$1ea

EARTH BALANCE
PEANUT BUTTER
 Selected Varieties
 16oz



\$6.99
ea

SAVE \$1ea

BIOKLEEN
LAUNDRY LIQUID
 Selected Varieties
 64oz



\$13.99
ea

SAVE \$2ea

ANNIE'S
CRACKERS OR GRAHAMS
 Selected Varieties
 7-7.5oz



\$4.99
ea

SAVE \$2ea

DARE
CRACKERS
 Assorted Varieties
 4.76-7.9oz



\$3.99
ea

SAVE \$1ea

DR. BRONNER'S
MAGIC ALL-ONE CHOCOLATE BAR
 Selected Varieties
 2.93oz



\$4.99
ea

SAVE \$1ea

SOLELY
ORGANIC FRUIT SNACKS
 Assorted Varieties
 3.5oz



\$5.99
ea

SAVE \$1ea

READY, SET, BAKE!

**BOB'S RED MILL
ORGANIC FLOUR**
Selected Varieties
5lb

PNW LOCAL



\$6⁹⁹
ea
SAVE \$3ea

**NEW SEASONS
CAGE-FREE EGGS**
From chickens raised on vegetarian feed with no antibiotics by Stiebers Farms in Yelm, WA.
18ct



\$4⁹⁹
ea

**WOODSTOCK
ORGANIC SUGAR**
Selected Varieties



50% off

**KERRYGOLD
PURE IRISH BUTTER**
Assorted Varieties
8oz



\$4⁴⁹
ea

**GHIRARDELLI CHOCOLATE
BAKING CHIPS**
Selected Varieties
10-12oz



\$5⁹⁹
ea
SAVE \$1ea

**GUITTARD
CHOCOLATE
BAKING BARS**
Selected Varieties
3ct



\$5⁹⁹
ea
SAVE \$3ea

**WOODSTOCK
NUTS AND
DRIED FRUIT**
Selected Varieties



50% off

**COOMBS FAMILY FARMS
ORGANIC
MAPLE SYRUP**
Selected Varieties
12oz



\$15⁹⁹
ea
SAVE \$4ea

**FARMER'S MARKET
ORGANIC
PUREES**
Selected Varieties
15oz



\$2⁹⁹
ea
SAVE \$1ea

**KING ARTHUR BAKING COMPANY
FLOUR**
Selected Varieties



20% off

**BEYOND GOOD
VANILLA**
Selected Varieties



20% off

**MELT ORGANIC
BUTTERY SPREAD**
13oz



\$4⁹⁹
ea
SAVE \$3ea

**IF YOU CARE
KITCHEN AND BAKING
PRODUCTS**
Selected Varieties



20% off

**MADHAVA
ORGANIC
AGAVE**
Golden or Amber.
25.3oz



\$9⁹⁹
ea
SAVE \$2ea

**PATIENCE FRUIT & CO
ORGANIC DRIED FRUIT**
Assorted Varieties
4oz



\$3⁹⁹
ea
SAVE \$1ea

**DANDIES
VEGAN
MARSHMALLOW
CREAM**
6.3oz



\$4⁹⁹
ea
SAVE \$1ea

**4TH & HEART
GHEE**
Selected Varieties



30% off

**ESSENTIAL EVERYDAY
CREAM CHEESE**
8oz



\$2²⁹
ea
EVERYDAY VALUE

**LET'S DO ORGANIC
COCONUT,
CORNSTARCH OR
TAPIOCA**
Selected Varieties



20% off

**MAPLE JOE
ORGANIC
MAPLE SUGAR**
Granulated or
Chunks.
7.76oz



\$6⁹⁹
ea
SAVE \$4ea

GROCERY

Really **BIG DEAL**

50% off PASTA AND PASTA SAUCE

Exclusions apply. Look for signs on specially marked items. Limited to stock on hand. No additional case discounts.

PLANET OAT OATMILK
Assorted Varieties
52oz



\$3.99 ea
SAVE 20¢ ea

NUTPODS SPECIAL EDITION CREAMER
Selected Varieties
25.4oz



\$4.99 ea

STRAUS FAMILY CREAMERY ORGANIC PLAIN GREEK YOGURT
32oz



\$7.99 ea

GREEN VALLEY CREAMERY LACTOSE-FREE DAIRY PRODUCTS
Selected Varieties



25% off

ESSENTIAL EVERYDAY SHREDDED CHEESE
Selected Varieties
8oz



2 for \$6

GALBANI FRESH MOZZARELLA
Selected Varieties
16oz



\$5.99 ea

BEYOND MEAT PLANT-BASED GROUND
16oz



\$8.99 ea

SABRA FAMILY SIZE HUMMUS
Assorted Varieties
17oz



\$5.99 ea

GROUNDWORK COFFEE ORGANIC COLD BREW COFFEE
Selected Varieties
12oz



\$3.49 ea

NEW SEASONS COOKIE DOUGH
Made by Cougar Mountain Baking Co. in Seattle, WA. Choose from a variety of flavors.
16oz



\$4.99 ea

BULK

GRAIN MILLERS ORGANIC REGULAR ROLLED OATS

PNW LOCAL



\$2.99 lb

FEATURED

ORGANIC THOMPSON RAISINS

\$4.99 lb

SAVE \$1lb



BELGIAN BOYS PANCAKES OR CREPES
Assorted Varieties
10.6-18.5oz



\$5.99 ea

SAVE \$1ea

BON DÉVIL PLANT-BASED GANACHE
Assorted Varieties
9.88oz



\$4.99 ea

SAVE \$1ea

HUMMINGBIRD WHOLESALE ORGANIC ALMOND BUTTER

PNW LOCAL



\$12.99 lb

FEATURED

PORTLAND COFFEE ROASTERS COFFEE
Assorted Varieties

PNW LOCAL



\$14.99 lb

EVERYDAY VALUE

RESERVE YOUR Holiday FEAST

We've got everything from humanely raised rib roast to ready-to-eat dinners, locally made desserts, and more.

Reserve now through 12/21, 10pm at catering.newseasonsmarket.com

