

MAKE IT SPARKLE

Send the year off with friends, family, and 20% off all sparkling wine—including local favorites.



Really BIG DEAL

20% off

SPARKLING WINES

Limited to stock on hand.
Items priced as marked.
No additional discounts.
Selection varies by location.

Really BIG DEALS

COUNTRY NATURAL BEEF NEW YORK STEAKS

USDA Choice, humanely raised beef with no added hormones and no antibiotics ever.



\$15⁹⁹
lb

SAVE \$7lb

LOBSTER TAILS

Sustainably trap-harvested in Nicaragua. Split in half, steam or broil, and top with butter. Great for holiday celebrations!

6oz



\$14⁹⁹
ea

SAVE \$3ea

ORGANIC HASS AVOCADOS

Rich, creamy, and perfect for dips, toast, and smoothies. From Index Fresh in Mexico.



5 for \$5

SAVE 49¢ea

RENATA FROZEN PIZZA

Assorted Varieties
12.7-13.6oz



PNW LOCAL

\$12⁹⁹
ea

SAVE \$2ea

TILLAMOOK CHEESE BABY LOAF

Selected Varieties
2lb



PNW LOCAL

\$9⁹⁹
ea

SAVE \$4ea

NEW SEASONS TORTILLA CHIPS

From Don Pancho Authentic Mexican Foods in Salem, OR. Assorted varieties.
9-14oz



2 for \$5

SAVE \$1.49ea

WHAT WE'RE loving



Ringing in the new year with delicious bubbly and party-ready nibbles.

PARTNERS IN CRIME BLANC DE BLANC OR BRUT ROSÉ

Fresh, fruit-forward, and effervescent, our Partners in Crime bubbly are perfect for holiday celebrations. Only at NSM. 750ml

\$10³⁹ ea ONLY AT NSM

WITH 20% DISCOUNT

MARTINELLI'S SPARKLING CIDER OR JUICE

Selected Varieties
25.4oz

2 for \$7

SAVE \$1.99ea



NEW SEASONS SMOKED SEAFOOD PLATTER

Sockeye lox, smoked trout, candied Sockeye salmon, and cornichons. Great for a party platter!



\$24⁹⁹ ea

FEATURED

COLUMBUS CRAFT MEATS CHARCUTERIE TRIO

12oz



\$11⁹⁹ ea

SAVE \$3ea

MEAT & SEAFOOD

BONELESS SKINLESS CHICKEN BREASTS

Humanely raised with no antibiotics ever.



\$6⁹⁹ lb

SAVE \$1lb

DUNGENESS CRAB MEAT

Ready-to-eat crab meat, sustainably harvested in Oregon and Washington. Excellent for crab cakes!

5oz



\$19⁹⁹ ea

SAVE \$4ea

PNW LOCAL

GOOSE POINT PRE-SHUCKED OYSTERS

Pressure-shucked and ready to eat! Just snip the blue band and add your favorite toppings.



\$19⁹⁹ doz

SAVE \$6doz

PNW LOCAL

COUNTRY NATURAL BEEF CENTER-CUT BRISKET

Humanely range-raised beef with no added hormones and no antibiotics ever.



\$13⁹⁹ lb

FEATURED

HOKKAIDO SEA SCALLOPS U-15 COUNT

Sweet and rich, Hokkaido scallops are great for a quick and delicious meal.



\$38⁹⁹ lb

SAVE \$3lb

RIVERENCE RAINBOW TROUT ROE

These vibrant orange pearls have a firm texture and mild, briny flavor. Pair with chips and dip, sushi, and more.

2oz



\$16⁹⁹ ea

SAVE \$5ea

PNW LOCAL

FLORAL

NEW YEAR'S EVE BOUQUET

Celebrate New Year's in style with this beautiful festive bouquet.



\$27⁹⁹ ea

SAVE \$2ea

PRODUCE

ORGANIC BABY PEELLED CARROTS

The perfect addition to party platters with dip! From Grimmway Farms in Bakersfield, CA.



2 for \$4

SAVE 50¢ea

NEW SEASONS GUACAMOLE

Rich, creamy, and full of flavor, pair this house-made favorite with New Seasons tortilla chips!



\$8⁹⁹ lb

SAVE \$1lb

ORGANIC LEMONS AND LIMES

Add a squeeze of brightness to salads, dressings, and desserts. From Sespe Creek Organics in Filmore, CA.



\$2⁴⁹ lb

SAVE 50¢lb

BAKERY & CHEESE

LES DELICES MINI BEIGNETS

A light and fluffy treat that's perfect for breakfast, dessert, or a midnight snack.
8ct



\$5⁹⁹
ea

SAVE \$1ea

CORO ARTISAN MEATS SLICED SALAMI

PNW LOCAL

This women-owned company crafts uniquely delicious salami using all-natural ingredients. Delicious on charcuterie boards or sandwiches.
3oz



\$5⁹⁹
ea

SAVE \$1ea

NEW SEASONS COASTAL KALE

This longtime customer favorite is light and lemony with crunchy toasted seeds and marinated onions.



\$11⁹⁹
lb

SAVE \$1lb

NEW SEASONS ASIAN CHICKEN MEATBALLS

Flavored with ginger and sesame, this twist on a classic is great for holiday celebrations.



\$14⁹⁹
lb

FEATURED

NEW SEASONS ORGANIC CHALLAH

Baked fresh daily by our talented bakers, this soft and slightly sweet bread is ideal for Sunday morning French toast!



\$5⁹⁹
ea

SAVE \$1ea

NEW SEASONS CHEESE SPREADS

Our house-made spreads are a tasty addition to any celebration. Just add sliced baguette, celery sticks, or crackers.
6oz



\$7⁹⁹
ea

FEATURED

MOLINARI TOSCANO SALAMI

This coarsely ground Tuscan-style pork salami is an excellent choice for charcuterie boards.
Sliced to order.



\$17⁹⁹
lb

FEATURED

ORIGAMI CATERING SALMON AVOCADO ROLL

PNW LOCAL

Made with sustainably harvested salmon, avocado, and seasoned rice.



\$9⁹⁹
ea

SAVE \$1ea

CELEBRATE WITH 20% OFF

ARGYLE VINTAGE BRUT

Made for celebrating, this Oregon sparkler features Pinot Noir and Chardonnay to create a rich palate and creamy texture.
750ml



\$23⁹⁹
ea

PNW LOCAL

WITH 20% DISCOUNT

ANDRE CLOUET BRUT CHAMPAGNE

Bold yet bone-dry, this champagne offers notes of ripe apricot, buttery toast, and a vibrant minerality on the finish. Perfect with seafood or as the star of your midnight toast.
750ml



\$43¹⁹
ea

WITH 20% DISCOUNT

VEUVE CLICQUOT YELLOW LABEL BRUT CHAMPAGNE

Fresh and lively with green apple, white cherry, and ginger flavors, balanced with hints of brioche and saline-laced minerality. A favorite for holiday celebrations.
750ml



\$63⁹⁹
ea

WITH 20% DISCOUNT

HAVE IT Catered

We've got your holiday gathering covered.
View our catering menu at newseasonsmarket.com/discover/catering



BELLA NOTTE PROSECCO OR BRUT ROSÉ

Juicy and vibrant bubbles produced in Italy. Great for a festive New Year's Eve toast or brunch mimosas. Only at NSM.
750ml



\$11⁹⁹
ea

ONLY AT NSM

WITH 20% DISCOUNT

GRUET BLANC DE NOIRS

A pale salmon hue gives way to enticing aromas of fresh berries and ripe pear. The palate is rich, rounded, and toasty.
750ml



\$15¹⁹
ea

WITH 20% DISCOUNT

MIONETTO NON-ALCOHOLIC SPARKLING WINE

A non-alcoholic favorite, expertly crafted from Italian grapes for a light, refreshing taste with delicate hints of sweet peach and crisp apple.
750ml



\$15¹⁹
ea

IT'S NEW!

WITH 20% DISCOUNT

SAVE TIME, ORDER ONLINE!

Get all your holiday essentials online with quick and convenient pickup or delivery.

shop.newseasonsmarket.com

Powered by
instacart

WELLNESS

OREGON SOAP COMPANY LIQUID AND BAR SOAPS

Save on your favorite scents of gentle, nourishing bar and liquid soaps.



PNW LOCAL

30% off

FLORADIX IRON & HERBS

A daily liquid iron with added B vitamins and vitamin C. Save on select sizes and formulas.

8.5oz

\$24.99 ea

SAVE \$5ea



PLANETARY HERBALS SLIPPERY ELM LOZENGES

Gently coats, soothes, and moistens the throat.

100ct

\$7.99 ea

SAVE \$5ea



HIMALAYA PARTYSMART

Going out this week? Have an easier start the next day with PartySmart.

Save on singles and multipacks.

1vc

\$1.99 ea

SAVE \$1ea



NOW FOODS VITAMIN D-3 5000IU

Each easy-to-swallow gel cap delivers 5,000 IU of vitamin D3.

240sg

\$14.99 ea

SAVE \$7ea



BLOOM CRANBERRY + D-MANNOSE

Helps to support overall urinary tract health.

60vc

\$13.99 ea

SAVE \$7ea



ANCIENT NUTRITION GRASS-FED WHEY PROTEIN

An easy-to-digest formula yielding 23 grams of protein per serving. Choose from Chocolate or Vanilla.

594-646g

\$39.99 ea

SAVE \$15ea



VITAL BODY THERAPEUTICS CBD MINERAL BATH SOAKS

Relax and de-stress this holiday season with CBD mineral bath soaks.

16oz

\$19.99 ea

SAVE \$9ea



ANDALOU NATURALS HAIR CARE

Save on select formulas of nourishing hair care from Andalous Naturals.

11.5oz

\$7.99 ea

SAVE \$2ea



HERBATINT PERMANENT HAIR COLOR

Permanent, ammonia-free coloring made with organic herbal extracts for rich natural tone and highlights.

5.75oz

\$14.99 ea

SAVE \$5ea



GROCERY

BRAZI BITES GLUTEN-FREE FROZEN SNACKS

Assorted Varieties

10-11.5oz

\$5.99 ea

SAVE \$2ea



PNW LOCAL

MILA SOUP DUMPLINGS

Selected Varieties

8.8oz

\$7.99 ea

SAVE \$1ea



BIG MOZZ GIANT-SIZED MOZZARELLA STICKS

13.44oz

\$8.99 ea

SAVE 80¢ea



RAO'S HOMEMADE FROZEN ENTRÉES

Selected Varieties

8.4-9.5oz

\$5.99 ea

SAVE \$2ea



BLAKE'S FROZEN MEALS

Selected Varieties

10-12oz

\$6.99 ea

SAVE \$1ea



MASPANADAS FROZEN EMPANADAS

Assorted Varieties

7.5oz

\$7.49 ea

SAVE \$1ea



VAN LEEUWEN FRENCH ICE CREAM

Selected Varieties

9-14oz

\$5.99 ea



NOOSA FROZEN YOGHURT GELATO

Assorted Varieties

14oz

\$4.99 ea



GROCERY

SFOGLINI PASTA
Assorted Varieties
12-16oz



\$4⁹⁹
ea
SAVE \$2ea

DELALLO POMODORO PASTA SAUCE
Assorted Varieties
25.25oz



\$9⁹⁹
ea
SAVE UP TO \$3ea

RUMMO PASTA
Assorted Varieties
12-16oz



\$3⁹⁹
ea
SAVE \$1ea

CENTO TOMATOES
Selected Varieties



20% off

RAO'S HOMEMADE SLOW SIMMERED SOUP
Assorted Varieties
16oz



\$5⁹⁹
ea
SAVE \$1.50ea

MISSION FOODS SOFT TACO FLOUR TORTILLAS
10ct



\$2⁴⁹
ea
SAVE 50¢ea

SUSTAINABLE SEAS TUNA
Selected Varieties



20% off

RAINCOAST TRADING WILD SALMON
Selected Varieties



30% off

BAR HARBOR SEAFOOD
Selected Varieties



20% off

CAPTAIN TOADY'S TARTAR SAUCE OR HORSE RADISH
Assorted Varieties
8oz



\$4⁹⁹
ea
SAVE \$1ea

PNW LOCAL

BIRDIE & LOUIE DOG FOOD
Selected Varieties
13oz



\$2⁹⁹
ea
SAVE UP TO \$1.30ea

BIRDIE & LOUIE CAT FOOD
Selected Varieties
3oz



4 for \$5
SAVE 44¢ea

WOODSTOCK NUT BUTTER
Selected Varieties
16-35oz



\$12⁹⁹
ea
SAVE \$2ea

SNACK FACTORY PRETZEL CRISPS
Selected Varieties
7.2oz



2 for \$7
SAVE \$1.49ea

BOB'S RED MILL PANCAKE & WAFFLE MIX
Selected Varieties
24oz



\$4⁹⁹
ea
SAVE \$2ea

PNW LOCAL

WOODSTOCK ORGANIC OATS
Selected Varieties
16-18.5oz



\$4⁹⁹
ea
SAVE \$1ea

BULK

HUMMINGBIRD WHOLESALE ORGANIC POPCORN
Assorted Varieties



\$1⁹⁹
lb
SAVE \$1lb

PNW LOCAL

ROASTED PISTACHIOS



\$12⁹⁹
lb
SAVE \$2lb

NEW SEASONS ORGANIC COFFEE
Sustainably sourced by our partners at Equal Exchange in Portland, OR.



\$12⁹⁹
lb
SAVE \$1lb

HUMMINGBIRD WHOLESALE LARGE FLAKE NUTRITIONAL YEAST



\$17⁹⁹
lb
SAVE \$2lb

PNW LOCAL

GROCERY

POLAR SPARKLING SELTZER WATER
Selected Varieties
1L



5 for \$5
SAVE 79¢ea

Q MIXERS PREMIUM DRINK MIXERS
Selected Varieties



20% off

SANTA CRUZ ORGANIC JUICE
Selected Varieties
32oz



\$5.99 ea
SAVE \$1ea

NEW SEASONS ITALIAN MINERAL WATER
Sourced by Galvanina from an ancient Roman spring in Italy.
25.4oz



\$2.99 ea
EVERYDAY VALUE

PORTLAND COFFEE ROASTERS WHOLE BEAN COFFEE
Selected Varieties
12oz



\$9.99 ea
SAVE UP TO \$6ea

PNW LOCAL

NOSSA FAMILIA COFFEE
Selected Varieties
12oz



\$11.99 ea
SAVE UP TO \$4ea

PNW LOCAL

CELESTIAL SEASONINGS TEA
Selected Varieties
18-20ct



\$3.99 ea
SAVE \$2ea

TRADITIONAL MEDICINALS TEA
Selected Varieties
16ct



\$5.99 ea
SAVE \$3ea

SMITH TEAMAKER TEA
Selected Varieties
15ct



\$10.99 ea
SAVE UP TO \$4ea

PNW LOCAL

HUMBLE SNACKS ORGANIC POTATO CHIPS
Assorted Varieties
5oz



\$3.99 ea
SAVE \$1ea

LE PAIN DES FLEURS ORGANIC CRISP BREAD
Assorted Varieties
4.4oz



\$6.99 ea
SAVE \$1ea

SUZIE'S ORGANIC SALTINE CRACKERS
8.8oz



\$4.99 ea
SAVE \$1ea

BETTER WITH BUCKWHEAT CRACKERS
Assorted Varieties
4.25oz



\$4.99 ea
SAVE \$1ea

EQUAL EXCHANGE ORGANIC NUTS
Selected Varieties
8oz



\$8.99 ea
SAVE \$2ea

PNW LOCAL

RXBAR PROTEIN BAR
Selected Varieties
1.83oz



2 for \$4
SAVE 99¢ea

SIETE FAMILY FOODS GRAIN-FREE COOKIES
Assorted Varieties
4.5oz



\$3.99 ea
SAVE \$1ea

VERSE CHOCOLATE ORGANIC CHOCOLATE MEDALLIONS
Assorted Varieties
3.17oz



\$7.99 ea
SAVE \$3ea

EQUAL EXCHANGE ORGANIC CHOCOLATE BAR
Selected Varieties
2.8-3.5oz



\$3.99 ea
SAVE \$2ea

PNW LOCAL

CHUAO CHOCOLATIER CHOCOLATE BAR
Assorted Varieties
2.8oz



\$4.99 ea
SAVE \$1ea

EMERALD COVE DRIED SEAWEED
Selected Varieties



35% off

GROCERY

DOWNLOAD OUR APP!



**Want to save time?
Money? Both? We've
got you!**

Our app makes it easier than ever to quickly order your groceries for pickup or delivery.

Get FREE pickup* anytime you order \$35 or more online.

Bottom line: Less time shopping = more fun!



*Pickup not available at all stores.

FLORIDA'S NATURAL JUICE
Assorted Varieties
52oz



\$4.49
ea
SAVE 50¢ea

NEW SEASONS EGG NOG
From Alpenrose Dairy in Portland, OR.
1qt



\$4.99
ea
FEATURED

CHOBANI HIGH PROTEIN YOGURT
Assorted Varieties
6.7oz



2 for \$4
SAVE 49¢ea

STRAUS FAMILY CREAMERY ORGANIC YOGURT
Selected Varieties
32oz



\$5.99
ea
SAVE \$2ea

TOFUTTI BETTER THAN SOUR CREAM
12oz



\$3.49
ea
SAVE \$2.50ea

TRULY GRASS FED BUTTER
Salted or Unsalted.
8oz



BUY 1 GET 1 FREE
SAVE \$6.49 ON 2

FLETCHER'S THICK SLICED BACON
Assorted Varieties
18oz



\$8.99
ea
SAVE \$2ea

ORGANIC VALLEY DHA OMEGA 3 MILK
Whole or Reduced Fat.
1/2gal



\$6.99
ea
SAVE 50¢ea

BUBBIES PICKLES AND SAUERKRAUT
Assorted Varieties



25% off

NEW SEASONS FRESH PASTA SHEETS
From Classic Foods in Portland, OR.
16oz



\$4.99
ea
FEATURED

DAISY BRAND COTTAGE CHEESE
Regular or Lowfat.
16oz



\$3.49
ea
SAVE \$1ea

SÓLDATE ORGANIC DATE-SWEETENED ALMONDMILK
Assorted Varieties
1/2gal



\$5.49
ea
SAVE \$2ea

DE CASA FINE FOODS DIPS AND SALSAS
Selected Varieties
14-14.5oz



\$3.99
ea
SAVE UP TO \$2ea

KEVITA ORGANIC PROBIOTIC DRINK
Selected Varieties
12oz



2 for \$5
SAVE \$1.29ea

DAISY BRAND SOUR CREAM DIP
French Onion or Creamy Ranch.
16oz



2 for \$7
SAVE 99¢ea

AL AMIR HUMMUS OR TZATZIKI
Selected Varieties
8oz



\$2.99
ea
SAVE \$2.80ea